



Happy New Year to all

Final training session of 2008 hailed a success

Riders, officials, family and friends of East Newport CSC had a great indoor training session on the 21st December when most turned up for the last session of the year in fancy dress. A real carnival atmosphere was in the air when Santa's, Shrek, Skeletons, Reindeer, Rugby players, Spiderman, Pink Lady, Andy (Little Britain), Wallace (& Gromit) and even a Tony the Tiger turned up. The racing surface was the grippiest it has ever been and this led to some fantastic racing over the 2 hours. Ryan and Nelly turned in some fantastic turns of speed that excited the large crowd but the biggest cheer of the day was surely the move Bad Santa made on poor Tandem charging up the inside of him putting them both into the garage doors. You need to look on youtube for the video of this race because it's a classic.

The Santa race was a first for the club and probably the sport and looked great on the video and once again you can see this on youtube.

It was great to see Tandem back in training after being away with work

and college and gave everyone a chance to wish him a merry Christmas. Another welcome return to training was club coach, Tony, and his lad Adam who missed the previous week-ends festivities due to illness.

Training indoors continues on Sunday 4th January starting at 5pm and finishing at 7pm at the Underwood Leisure Centre. All club members are welcome to come along and sharpen up before the start of the season.



Everyone at East Newport's fancy dress training session held recently at Underwood Leisure Centre

Bearo & Elbs off to Oz

Gilbert has recently announced that he and his son, Josh, are flying out to Australia in February to watch the cycle speedway World championships and many of the other events happening down there throughout the month. Josh has entered the World Junior championships being held in Adelaide and will race in the colours of East Newport. Gilbert has agreed to

enter the World Veterans event where he returns to some of the tracks has graced in the 1980s when touring with the British Lions as an official member of the squad.

The Eastenders wish both of them a safe trip and a great holiday and don't forget to tie them kangaroos down sport..!!

Selling a bike part? Looking for a new jersey? Or if you want to include any features on this club newsletter just let Rob Absalom know and it can be added to next months edition.



Fast pace indoor action from Louis and Aaron

Forthcoming events:

- The Club has provisionally booked Saturday 24th of January as the date for the AGM. The venue is likely to be the Underwood Leisure Centre.
- Ian is trying to arrange an indoor challenge match with Exeter on Sunday 25th January at Underwood. Both seniors and Juniors will get a chance to race in two matches.

Eastenders get their Mark & Ride on

East Newport CSC were given the perfect early Christmas present by being awarded their Go-Ride and Clubmark accreditation from British Cycling, Clubmark and the Welsh Cycling Union. The successful application was confirmed in early December after a the club were notified by Welsh Cycling Union representative, Anneliese Heard, who was overjoyed with the success of the Welsh Club.

East Newport are only the second cycling club in Wales to achieve this high standard with Rhyl CC pipping East Newport to the post by only a few weeks and the first South West Club in the sport to be accredited for providing a safe and welcoming environment for young people.

Leaders of the club were delighted to learn that they had met with the strict criteria for the national award.

"East Newport CSC is totally focused on developing all of its members, not just as riders but as people and the Go-Ride/Clubmark award fits very well with the ethos of the club. When we started this process we made a

commitment to all concerned that the club would fully embrace the Go-Ride/Clubmark philosophy rather than just fill in some forms and tick some boxes".

The official presentation will be made in early January at one of the club's successful indoor training sessions by Anneliese who will be on hand to watch our club train and assist in coaching with resident club coach Tony Bennett.

Club Coach
Tony Bennett



Clubmark logo which the club can now officially use on all of its letters and website.

Don't forget to visit www.eastnewportcsc.co.uk

Track work on the Polo to begin soon

Before everyone settles into their winter hibernation and enjoy the warmth of the leisure centre on the cold winter Sunday evenings the club has announced the winter projects it hopes to complete before the start of the outdoor season. Three projects have been earmarked each with their own leader to progress them through.

- Rich Hughes will be leading the **Pits and Clubhouse improvements** project.
- Rob Absalom is heading up a team to build the **electric starting tapes and complete the announcers hut.**

- Gilbert Davies is leading the project to **improve track drainage and remove all the stones from the home straight.**

Funding for each project will be gained from the Church fund and donations made from local businesses.

Volunteers are being sought to help with the work due to start in January.



Bearable happy to shovel the new surface last year

More success for the club on their Awards night

Everyone who came to the clubs annual awards night in December were entertained in one of the best events of the 2008 season. Dancers kicked off the night with a great display keenly watched by everyone. After the dancers had soaked up their well earned applause the awards were presented by Dave Dean . Dave was amazed at the level of effort that had gone into the evening and the club would like to offer a huge thanks to our dream team of organisers Kerry Bennett, Bev Hughes, Mandy Absalom and Rich Hughes. The whole club offer their congratulations to everyone who won a trophy that night and also to everyone who supported the raffle. Much needed cash

was made on the evening which is to be ploughed back into the clubs ever improving facilities at their Larch Grove raceway affectionately known as the Polo.

More events are being planned for the coming months



One of the dancers who brilliantly entertained us on our awards night