



USA 2011 & Australia 2013

With the 2009 Australian tour barely over plans are already under-way to stage the next World events in USA 2011 and Australia in 2013. Wales failed to send a junior team this year and only managed 2 Welsh



juniors one of which was chosen to race for the young Lions in the Ashes series. As a major club in Welsh cycle speedway we must put this record straight by

training hard now with the goal of sending juniors, seniors and officials to these events. We must now hound Welsh Cycling Union for support and funding to mount a serious challenge for glory. Our boys did it in the rugby so why not East Newport and Welsh cycle speedway? If we wait for help it will never come so lets do it

ourselves and build a party of family to go with and enjoy the Eastenders on tour?

Come on you Dragons..!!!!



Former guest Eastenders Marcus Waddams & Pawel Ciegelski in action during Aussie tour 2009
Photo taken by Linda Savage

.....STOP PRESS.....

The club are taking orders for new red fleeces bearing the East Newport CSC lettering as modelled by Lunchie in the photo. They are £14.25 for adults and £12.25 for kids.



Ask Rob for details.

Outdoor Training begins at East Newport's Track

After the clubs first indoor season during the cold and wet winter weekends we now get to come back outdoors for the cold and wet summer weekends..!!

The weekends during March have been set aside for some track work on most Saturdays interspersed with a few challenges. Sundays have been set aside for training 2pm to 5pm with as many riders as we can get to come down and start getting fitter, sharper and more skilful so that East Newport are tooled up and ready to deal with the rigours of South

West League and National racing. With such a large rider base racing is being arranged for every rider. Training is the key to any success so please come on down, bring some friends or brothers and sisters but most of all enjoy the club.



Selling a bike part? Looking for a new jersey? Or if you want to include any features on this club newsletter just let Rob Absalom know and it can be added to next months edition.



Ryan & Andy dealing with the rigours of BTC racing

Forthcoming events:

- **OUTDOOR TRAINING STARTS 2pm SUNDAY 8th MARCH AT THE EAST NEWPORT TRACK**
- 1st March away to East Park Wolves 1st & 2nd teams
- 14th March home to East Park Wolves 1st & 2nd teams
- 15th March the club are presenting a come and try it display at Newport Wasps Speedways opening match

Indoor Review

Many thanks to all who attended the indoor sessions. Lots of fun, crashes and jovial banter! Though a different technique is required, for indoor racing, I feel that those who trained during the winter period will start the outdoor season at an advantage. The final, Sunday, session comprised of two matches which would decide the outcome of the various age groups for the 2008 season. Newcomer award goes to Anthony Oleveira, he scored a worthy 13pts against more experienced riders. In the Under 8 age group, Sean Bennett, dominated with a maximum 16 pts. In the Under 10's Taylor Carey's consistency proved to be the deciding factor. His score of 15pts just beat Ethan Lewis's 14pts, closely followed by Khalid Mitha and Callum Goward both on 13pts. Lewis Harvey's score of 9pts, while racing in the senior match, earned him the Under 12 award. The Under 14's, also combined within the seniors race, was hotly contested with Aaron Hughes earning a hard fought 13pts. Unfortunately no U16's or 18's raced on the day :-)

The senior race was always going to be close as all riders were capable of taking points from each other. As it turned out heat 4 was the deciding race as Ryan Hughes, who eventually scored a max 16pts, beat Neil Power whose final tally was 15pts. Rob Absalom scored a very creditable 10pts to earn the Veteran award



Above: Nicky Evans showing how quick indoor racing can be at the Underwood Leisure Centre

Tony Bennett
2009 Club Coach

Outdoor Preview

Following a successful indoor training season, the riders move outdoors in early March to race a series of challenge matches and undertake further training. I hope that the extra fitness gained by the riders will enable our teams to start their League campaigns with victories which will see the club once again challenge for honours.

Progress made by many riders during the winter months will intensify competition for team places with riders having to work harder to maintain their positions.

I would like to extend a warm welcome to all newcomers of the club and wish everyone a happy and successful season.



Ian Sizer
2009 Team Manager

Don't forget to visit www.eastnewportcsc.co.uk

East Newport's updated website

For those of you who haven't noticed, East Newport CSC have been very privileged to have been another year of sponsorship involving our successful website by our web-master, Phil Crowe of Cornix design. The new website can be found using the same address but has been totally re-vamped making the presentation more slick and professional. With access to all South West League Tables and a much improved photo gallery we expect even more traffic this year as people use the site as a central point for Cycle Speedway information. The clubhouse section giving all the usual information necessary for new riders to the club to become more aware of what our sport and club is all about. The rogues gallery, sorry, the riders gallery will be kept up

to date as best we can but if you want your photo updated then let us know but please you only get one change per year or we will put a photo on for you that we deem suitable..!!!



Above: Monk and his mini me, Louis

The club would like to offer Phil their whole hearted thanks for creating a professional site which mirrors our professional approach perfectly.

And finally.....

Newport Wasps

I'm sure we are all aware by now that Speedway is returning to Newport with the reformation of the Wasps. We are planning to attend the Prince of Wales Trophy which will be their opening fixture, so we can promote our club by handing out leaflets & showing off some racing bikes hopefully signing up some new riders. The event is on the 15th March.



Calling all riders..!!

Its time to shake down the cobwebs, come out of your hibernation and get back to cycle speedway at your family club:



East Newport Cycle Speedway Club